

## FITT Tennis School MENTORING PROGRAM OUTLINE

### **Mission:**

“To teach young people life skills like discipline, commitment, honesty, hard work and the importance of helping others through the wonderful lifetime sport of TENNIS.”

### **Philosophy:**

FITT TENNIS SCHOOL believes that the kids are our next leaders, role models and hope. By being in the mentorship program it helps the young mentor have self awareness on how they are conducting themselves both on and off the court and it helps the mentee learn from good example.

### **Program Guidelines:**

- One-on-one mentoring;
- Group activities;
- Training and development; and
- Awards and recognition.

### **Frequently Asked Questions:**

#### **1. Who can be a mentor?**

If you are currently enrolled in the FITT Tennis School and have been so in good standing for 6 months, you will qualify to submit an application. You must be at a minimum in grade 7.

#### **2. Who will I mentor?**

Program coordinator will find a match for you.

#### **3. Where do I meet to mentor?**

All meetings must be at Park Terrace Tennis and Swim Club.

#### **4. Why would I want to be a mentor?**

Be a role model to someone younger than you. Learn how to lead people. This is also a great way to build your resume for a **college applications**. Get community hour credits.

#### **5. How many mentor/mentee pairs in the program at one time?**

Anywhere between 2-4 at a time.

**6. How often will I have to meet? What is the time commitment to be a mentor?**

First of all you must be approved by the program director. Second you must be currently enrolled in the FITT Tennis School program yourself. This is a 3 month program. You must attend and assist 4 group tennis classes that your mentee is enrolled in (1 hour each group classes). Play tennis 3 times (.5 hours each time) with your mentee (in a 3 month period).

Total time – 5.5 hours in 3 months.

**7. What do I do in the group lesson? What do I do when I meet one on one?**

In the group situation follow the lead of the coach and work primarily with your mentee. In the one on one meeting – play tennis with them, you do not need to teach them tennis. You are taking time and being a positive role model.

**8. What type of training and orientation will you have?**

When you enroll in the program the program coordinator will work with you and mentor you on how to be a mentor. To be a role model all you really need to know is that you care about some one in a positive way and genuinely want to help without needing or wanting anything back in return. .

**9. How often will you have recognition/awards for your program participants?**

At the end of the program you will be awarded a certificate for your time.

**10. How long will the relationship last?**

At a minimum 3 months but if you do a good job, a very long time.

**11. Who is the program coordinator?**

Monty Basnyat

**12. How do mentors and mentees sign up?**

Fill out the application and contact the program coordinator. He will notify if you qualify.

**13. How much does it cost?**

It does not cost anything other than a few hours of your time.

## **Mentor Application**

Name:

Age:

Grade:

School:

Email:

Parents Name:

Parents email:

Parent's phone:

Please type a short 250 word essay on why you would like to enroll in the mentorship program. (Make sure to include things like, why, how should a mentor behave, what will you do other than play tennis to help some one you are mentoring). Be creative in your essay.